

"Appreciation can make a day – even change a life. Your willingness to put it into words is all that is necessary." (Margaret Cousins)

YOU ARE
APPRECIATED



Yn eiddio'n ariannu wracau ariwod y gwan -
newid bywyd hyd yn oed. Dim ond parodrwydd
chi i'n roi mewn geriau yw'r unig beth sydd et
angen." (Margaret Cousins)

GWETRTHFAWROG
Y PERSHONNOL

Please use this card to let someone know about something they did that you appreciate

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Thank you for/ I appreciate that:



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rywibeth y maent wedi ei wneud yr ydych yn e'i werthfawrogi

卷之三

